

TITLE IN LITTLE UPPER CASES : PLEASE DO NOT EXCEED 100 CHARACTERS, SPACES COMPRIZED**I. NAME, & I. NAME**

DÉPARTMENT OF SPORT SCIENCES, UNIVERSITY OF CITY, COUNTRY

Introduction. Propose here a short presentation of the literature integrating the references of the documents supporting what you are proposing (Author, YEAR). If you are presenting one project implemented in your country, do not forget to have a theoretical basis that could explain from where you started (Author1 & Author2., YEAR). Finish this section by presenting the goal(s) of your study/project.

Methods. This section has to explain how you implemented your research or your project. It means that you need to describe the design of your research, the subjects that were involved, the instruments that you used to collect the data, and all other information that would be necessary to understand how you processed the data. If you describe a project, be sure to illustrate the context in which it has been implemented.

Results. Propose here the main results that you obtained. If you want to list an enumeration, respect the following presentation: (1) first fact; (2) second fact; and (3) last fact. Do not propose tables and/or figures. Focus on the most important findings that your study pointed out. Statistical analysis should be proposed when available with the usual level of significance ($p < 0.05$). When you present one project, it would be necessary to provide here all details that would be important in order to understand how it works and what the informal effects are. This section should be the bigger one as you are expected to provide as much information as possible within the abstract's length requirement that is 300 words for any submission. The scientific committee will assess carefully the form and content of your abstract.

Conclusions. In this section, select the main aspects that you want to emphasize as well as the practical implications that your study has. Do not forget the potential limits of your work.

Références

Author, I. (YEAR). *Title of the book*. City, ST: Publishing company.

Author1, & Author2, I. (YEAR). Title of the paper. *Name of the Review*, X, Y, ZZ-ZZ.

Keywords

Keyword 1; Keyword 2; Keyword 3; Keyword 4; Keyword 5.

Words count: 300